



# Novato Family Dental Care

BE TREATED LIKE FAMILY

## POST OP INSTRUCTIONS FOR CROWN AND BRIDGE

Crown appointments usually take two appointments. The first appointment is the longest and involves taking an impression and making a temporary crown until the permanent crown is made.

### AFTER APPOINTMENT CARE

- Because we have used anesthesia be careful biting or chewing food until the anesthesia has worn off. Anesthesia usually takes 2 to 3 hours to wear off.
- Your gums may be sore after the appointment. Rinsing with warm salt water or hydrogen peroxide will help with gum soreness. The tooth may also feel sensitive to hot and cold while in the temporary crown. If the sensitivity gets worse, give us a call so we can see you.
- A temporary crown was made until your custom permanent crown comes back from the lab.

### TEMPORARY CROWN CARE

- The temporary crown is made of an acrylic that can break and is cemented with temporary cement that can come off. Avoid hard and sticky foods on your temporary crown.
- Make sure you care for your temporary crown like your own teeth. However when you floss your temp, floss towards your gums, let go with one hand and then pull the floss out. This will prevent the temporary crown from coming loose.
- After anesthesia the temporary crown may feel high or prominent. Please call our office right away so we can adjust the crown.
- Sometimes despite how careful you are the temporary crown may come off. First try and stick it back on the tooth and call our office. If the temp breaks completely give us a call and we can make a new one for you.

### LONG TERM CARE

- Crowns need to be maintained just like normal teeth. Where the crown stops and the tooth starts is prone to decay. Daily brushing and flossing as well as routine checkups will help insure longevity of your new crown.