



Novato Family Dental Care

BE TREATED LIKE FAMILY

POST OP INSTRUCTIONS FOR FILLINGS

A filling has been placed on your tooth. Here are a few suggestions on care of your new filling.

IMMEDIATE CARE

- We have used anesthetic on your mouth. Please do not bite or chew until the anesthetic has worn off. This will take 2 to 3 hours.
- It is common for the tooth to be sensitive to temperature for the first few days after the filling has been placed. If the sensitivity gets worse over time please give us a call so we can see you.
- If your bite feels uneven when the anesthesia wears off give us a call so we can adjust the bite. The tooth will not get better on its own and the sooner you come in for a simple adjustment the sooner it will feel better.
- If we placed a white filling, they can be used as soon as the anesthesia wears off. If we placed a silver filling, you need to wait 24 hours before chewing on that tooth.

LONG TERM CARE

- It's important to care for the fillings just like your regular tooth. Fillings are not a permanent solution, over time they will need to be replaced. In some cases, replacing will require a crown instead of a filling.
- Fillings on front teeth are especially prone to chipping. Use caution when biting on hard foods.